

OVERALL 5K RESULTS

2009 Pound Downtown 5K
 Mount Airy, NC 04-25-2009 8:30am Sunny, 56 degrees.
 Directed by: Eric Leathers
 Sponsored by: Good Life Outfitters & YounLife
 City

Place	No.	C	NAME	City	St	Aq	S	FIVEK	Pace
1.	60		Paul Mesi	MOUNT AIRY	NC	24	M	18:09	5:51
2.	109		Todd Garner	STATE ROAD	NC	45	M	19:13	6:11
3.	117		Joseph Dalton	MOUNT AIRY	NC	16	M	19:29	6:17
4.	106		Richard Ferguson	DANVILLE	VA	50	M	19:38	6:19
5.	81		Darren Lewis	MOUNT AIRY	NC	38	M	20:11	6:30
6.	31		Matthew Hurley	DOBSON	NC	17	M	20:15	6:31
7.	112		Dwight Atkins	PILOT MOUNTAIN	NC	54	M	20:36	6:38
8.	43		Andrew Howard	MOUNT AIRY	NC	27	M	20:48	6:42
9.	9		Andy Hull	MOUNT AIRY	NC	33	M	20:52	6:43
10.	28		Joev Slate	MOUNT AIRY	NC	43	M	21:00	6:46
11.	17		Rob Livenood	MOUNT AIRY	NC	32	M	21:35	6:57
12.	119		Gerhard Pilcher	MOUNT AIRY	NC	47	M	21:38	6:58
13.	22		Jim Robertson	MOUNT AIRY	NC	41	M	22:01	7:05
14.	26		Mark Adams	PILOT MOUNTAIN	NC	46	M	22:02	7:06
15.	120		Chase Pilcher	MOUNT AIRY	NC	15	M	22:14	7:10
16.	83		Randy McDaniel	WILLIS	VA	40	M	22:22	7:12
17.	8		Sarina Russo	WINSTON SALEM	NC	13	F	22:24	7:13
18.	24		Angela Stroup	MOUNT AIRY	NC	36	F	22:25	7:13
19.	14		Benny Lisk	MOUNT AIRY	NC	47	M	23:37	7:36
20.	45		Tom Parrish	MOUNT AIRY	NC	52	M	23:43	7:38
21.	80		Shelia Orem	MOUNT AIRY	NC	35	F	23:53	7:42
22.	49		Jason Ferris	MOUNT AIRY	NC	38	M	23:55	7:42
23.	75		Jayme Brant	MOUNT AIRY	NC	32	F	24:15	7:49
24.	95		Dale Draughn	MOUNT AIRY	NC	42	M	24:22	7:51
25.	21		Tony Riqaas	CANA	VA	35	M	24:23	7:51
26.	30		Dave Dinkins	MOUNT AIRY	NC	48	M	24:25	7:52
27.	61		Nancy Dixon	MOUNT AIRY	NC	48	F	24:26	7:52
28.	58		Eric Riqaas	MOUNT AIRY	NC	35	M	24:27	7:52
29.	50		Lena Ferris	MOUNT AIRY	NC	37	F	24:28	7:53
30.	10		Kelly Hull	MOUNT AIRY	NC	33	F	24:33	7:55
31.	23		Paul Denny	MOUNT AIRY	NC	38	M	24:34	7:55
32.	90		Joev Martin	MOUNT AIRY	NC	42	M	24:45	7:58
33.	39		Shannon James	LOWGAP	NC	30	F	25:01	8:03
34.	4		Gentry Williamson	MOUNT AIRY	NC	11	M	25:03	8:04
35.	103		Josh Tally	PILOT MOUNTAIN	NC	19	M	25:08	8:06
36.	73		Dennis Moore	MOUNT AIRY	NC	57	M	25:29	8:13
37.	74		Perry Wagoner	MOUNT AIRY	NC	37	M	25:37	8:15
38.	6		David Surratt	MOUNT AIRY	NC	65	M	25:38	8:15
39.	67		Jim Petelle	MOUNT AIRY	NC	58	M	25:44	8:17
40.	57		Ann Riqaas	MOUNT AIRY	NC	34	F	25:48	8:19
41.	79		Carol Ann Busick	MOUNT AIRY	NC	34	F	25:54	8:21
42.	53		Chas Graves	MOUNT AIRY	NC	27	M	26:01	8:23
43.	82		Kathy Moody	MOUNT AIRY	NC	51	F	26:03	8:23
44.	42		Rickey Eloiridae	MOUNT AIRY	NC	54	M	26:04	8:24
45.	99		Baily Jackson	MOUNT AIRY	NC	10	F	26:13	8:27
46.	98		David Jackson	MOUNT AIRY	NC	62	M	26:16	8:28
47.	113		Lynette Smith	MOUNT AIRY	NC	52	F	26:21	8:29
48.	78		Julie Warren	MOUNT AIRY	NC	38	F	26:33	8:33
49.	41		Sunday Joyce	PINNACLE	NC	33	F	27:01	8:42
50.	63		David Perri	MOUNT AIRY	NC	43	M	27:08	8:44
51.	19		Ronald Moorefield	PILOT MOUNTAIN	NC	64	M	27:09	8:45
52.	69		Kelli Johnson	MOUNT AIRY	NC	28	F	27:23	8:49
53.	124		Ronnie Collins	CANA	VA	43	M	27:25	8:50
54.	125		Cathy Harrison	MOUNT AIRY	NC	41	F	27:35	8:53
55.	114		Melissa Denney	DURHAM	NC	29	F	27:53	8:59
56.	110		Megan Bowman	MOUNT AIRY	NC	17	F	27:56	9:00
57.	66		Julie Perkins	MOUNT AIRY	NC	38	F	28:16	9:06
58.	123		Anna Kriska	MOUNT AIRY	NC	11	F	28:19	9:07
59.	54		Justin Smith	MOUNT AIRY	NC	22	M	28:22	9:08
60.	84		Diane Barnett	MOUNT AIRY	NC	53	F	28:29	9:10
61.	101		Clarence Cropps	MOUNT AIRY	NC	57	M	28:30	9:11
62.	62		Joseph Dixon	MOUNT AIRY	NC	11	M	28:33	9:12
63.	40		Marie Needham	PILOT MOUNTAIN	NC	31	F	28:37	9:13
64.	56		Deborah Brantlev	PILOT MOUNTAIN	NC	39	F	28:37	9:13
65.	104		Will Eads	KING	NC	33	M	28:44	9:15

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 Mount Airy, NC 04-25-2009 8:30am Sunny, 56 dearees.
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Place	No.	C	NAME	City	St	Age	S	FIVEK	Pace
66.	35		Alex Maves	MOUNT AIRY	NC	14	F	28:47	9:16
67.	7		Mandy Nester	HILLSVILLE	VA	27	F	28:50	9:17
68.	89		Emma Harrison	MOUNT AIRY	NC	13	F	28:52	9:18
69.	29		Elizabeth Dinkins	MOUNT AIRY	NC	14	F	29:05	9:22
70.	116		Paula Stanley	PILOT MOUNTAIN	NC	55	F	29:18	9:26
71.	88		Jacob Medlev	WINSTON SALEM	NC	32	M	29:19	9:26
72.	34		Catherine Scott	CLAUDEVILLE	VA	14	F	29:38	9:33
73.	86		Jav Whitaker	MOUNT AIRY	NC	23	M	29:39	9:33
74.	94		Gray Robinson	CHARLOTTE	NC	23	M	29:39	9:33
75.	93		April Robertson	CHARLOTTE	NC	21	F	29:47	9:36
76.	92		Billie Towe Reilly	KINGSPORT	TN	36	F	29:54	9:38
77.	52		Sara Hawks	LOWGAP	NC	21	F	30:00	9:40
78.	68		Chris Johnson	MOUNT AIRY	NC	37	M	30:02	9:40
79.	32		Tony Spencer	MOUNT AIRY	NC	52	M	30:09	9:43
80.	47		Dylan Edwards	HILLSVILLE	VA	54	M	30:10	9:43
81.	12		Cecania Branch	MOUNT AIRY	NC	35	F	30:11	9:43
82.	13		Tommy Branch	MOUNT AIRY	NC	40	M	30:12	9:44
83.	102		Robert Josey	MOUNT AIRY	NC	72	M	30:16	9:45
84.	65		Grea Perkins	MOUNT AIRY	NC	42	M	30:35	9:51
85.	72		Ann Marie Sheets	MOUNT AIRY	NC	32	F	30:36	9:51
86.	18		Jessica Hiatt	MOUNT AIRY	NC	29	F	30:38	9:52
87.	85		Mandy Fleming	MOUNT AIRY	NC	27	F	30:41	9:53
88.	20		Garrett Rivas	MOUNT AIRY	NC	38	M	31:02	10:00
89.	16		Molly Anderson	PILOT MOUNTAIN	NC	29	F	31:09	10:02
90.	115		Jennifer Riska	MOUNT AIRY	NC	44	F	31:11	10:02
91.	100		Wes Brown	MOUNT AIRY	NC	50	M	31:11	10:03
92.	48		Richard Williams	MOUNT AIRY	NC	76	M	31:13	10:03
93.	64		Marissa Perri	MOUNT AIRY	NC	13	F	31:21	10:06
94.	105		Troy Jones	MOUNT AIRY	NC	56	M	31:38	10:11
95.	96		Diane Kramer	MOUNT AIRY	NC	56	F	32:07	10:21
96.	129		Chloe Imus		NC	15	F	32:08	10:21
97.	128		Katy Marion	SHOULS	NC	17	F	32:13	10:23
98.	44		Karen Adams	DOBSON	NC	39	F	33:35	10:49
99.	77		Susan Richko	MOUNT AIRY	NC	41	F	33:52	10:54
100.	36		Audrey Hudson	MOUNT AIRY	NC	19	F	33:52	10:54
101.	37		Clay Nowlin	MOUNT AIRY	NC	19	M	33:56	10:56
102.	76		Andrea Richko	MOUNT AIRY	NC	39	F	34:02	10:58
103.	27		Jessica Adams	PILOT MOUNTAIN	NC	17	F	34:06	10:59
104.	25		Jan Adams	PILOT MOUNTAIN	NC	43	F	34:46	11:12
105.	107		Gary Overby	MOUNT AIRY	NC	54	M	34:56	11:15
106.	46		Barbara Edwards	HILLSVILLE	VA	51	F	35:08	11:19
107.	130		Megan Holt	PILOT MOUNTAIN	NC	17	F	35:09	11:19
108.	122		Michelle Doering	MOUNT AIRY	NC	17	F	35:09	11:19
109.	121		Svdnev Kent	PINNACLE	NC	18	F	35:23	11:24
110.	108		Patricia Overby	MOUNT AIRY	NC	47	F	35:30	11:26
111.	33		Anne Spencer	MOUNT AIRY	NC	52	F	35:59	11:35
112.	38		Amy Willard	PINNACLE	NC	32	F	36:47	11:51
113.	91		Anjie Cagle	CANA	VA	36	F	37:17	12:00
114.	111		Renee Westmoreland	MOUNT AIRY	NC	38	F	37:24	12:03
115.	87		Sussie Staugenhaupt	CANA	VA	36	F	37:59	12:14
116.	51		Barbara Heath	PILOT MOUNTAIN	NC	67	F	40:27	13:01
117.	11		Marilyn Lamm	MOUNT AIRY	NC	58	F	42:43	13:45
118.	71		Mondee Tillev	MOUNT AIRY	NC	39	F	43:10	13:54
119.	126		Emily Armstrong	WINSTON SALEM	NC	20	F	44:31	14:20
120.	97		Sandy Mathews	MOUNT AIRY	NC	51	F	45:37	14:41
121.	127		Cindy Armstrong	WINSTON SALEM	NC	47	F	45:38	14:42
122.	3		Sadie Williamson	MOUNT AIRY	NC	07	F	45:38	14:42
123.	5		Robert Williamson	MOUNT AIRY	NC	42	M	45:39	14:42

Apr-30-2009 11:35:14am

123 records processed.